

SPLIT PREP INSTRUCTIONS FOR NULYTELY

Five (5) days *prior to the procedure*:

- Stop blood thinners such as Aspirin, Excedrin, Plavix, Pradaxa, Xarelto, Aggrenox, Eliquis, or Warfarin (Coumadin). This also applies to Motrin (Ibuprofen) and Aleve.

The day *before* your procedure:

- You will have clear liquids the entire day.
 - NO milk, alcohol, or anything red or purple.
 - You MAY have water, juices without pulp, lemonade, coffee or tea (without creamer), chicken broth, jello, or popsicles.
- Drink eight (8) additional glasses of water throughout the day.
- Mix the Nulytely in the morning and put it in the fridge, it expires 48 hours after mixing.
- At 3:00pm take two (2) Dulcolax (Bisacodyl) tablets.
- At 4:30pm take one (1) Ondansetron (Zofran) tablet.
- At 5:00pm start drinking the first half of the prep. Drink a glass every 15 minutes. If you need a break, wait 20-30 minutes before drinking the next glass. Drink more water after finishing the first half of the prep.
- Do not take diabetic medications the night before your procedure.

The day *of* your procedure:

- 5 ½ hours before the *start of your procedure*, take the other Zofran (Ondansetron) tablet.
- After 30 minutes, start drinking the remainder of the prep. Try to finish this half within half an hour.
- You may drink one glass of water for 30 minutes after finishing the prep, then *nothing by mouth* until after your procedure.